
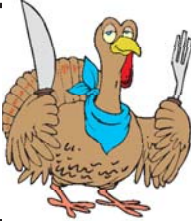


November 2009

PAC/Pomeroy-Palmer Middle School Breakfast/Hot Lunch Menu (Subject to Change)

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	1 Cereal, Toast Fruit	2 Omelets, Yogurt Fruit	3 Blberry Pancakes Sausage, Fruit	4 Egg, Ham, Cheese Biscuit, Fruit	5 BBQ Chicken Sandwich French Fries Cream Corn, Pears Sugar Cookie	6 No School	7
	8 Cinnamon Toast Cereal, Fruit	9 Egg Bake Cass w/ Sausage, Toast, Fruit	10 Biscuits & Gravy Fruit	11 Breakfast Pizza Fruit	12 Ravioli Lasagna Bread Sticks Green Beans, Peaches Plain & PB Sandwich	13 Cereal, Fruit Long Johns	14 
<div style="border: 1px dashed black; padding: 5px; width: fit-content;">Milk served daily with breakfast and lunch.</div>	15 Cereal, Fruit Donuts	16 Cinnamon Toast Yogurt, Fruit	17 Late Start- No Breakfast	18 French Toast, Fruit Yogurt, Sausage	19 Hot Dogs Macaroni & Cheese Peas Pears	20 Scrambled Eggs & Sausage, Toast, Fruit	21
Menus for this month were submitted from the following students: Nov 1-First Grade Class Nov 16-Bailee Taylor Nov 30-Kaitlyn Pomeroy	22 Breakfast Pizza Fruit	23 Waffles, Cereal Fruit	24 Omelet, Toast Yogurt, Fruit	25 Potato Soup w/Ham Celery & Carrot Sticks Pineapple, Cherry Bar Peanut Butter Sand	26 No School- <i>Thanksgiving Day</i>	27 No School- Thanksgiving Vacation	28
	29 Cinnamon Toast Cereal, Fruit	30 Crispitos, Refried Beans Green Beans Caramel Apples Peanut Butter Sandwich					